

VoCATS Course Blueprints

Family and Consumer Sciences Education

7015 Teen Living

*Public Schools of North Carolina
State Board of Education • Department of Public Instruction
Office of Instructional and Accountability Services
Division of Instructional Services*

*Raleigh, North Carolina
Summer 1999*

Special thanks to the following educators and business people who reviewed and approved this blueprint for technical content and appropriateness for the industry.

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5/21/98

VoCATS Course Blueprint

A course blueprint is a document laying out the framework of the curriculum for a given course.

Shown on the blueprint are the units of instruction, the core competencies in each unit, and the specific objectives for each competency. The blueprint illustrates the recommended sequence of units and competencies and the cognitive and performance weight or relative importance of the objective within the course.

The blueprint is intended to be used by teachers in planning the course of work for the year preparing daily lesson plans, and constructing instructionally valid assessments.

For additional information about this blueprint, contact program area staff. For additional information about the VoCATS Competency Achievement Tracking System, contact program area staff or VoCATS, Workforce Development, Division of Instructional Services, North Carolina Department of Public Instruction, 301 North Wilmington Street, Raleigh, North Carolina 27601-2825, 919|715-1674, email:rwelfare@dpi.state.nc.us.

Interpretation of Columns on VoCATS Course Blueprints

No.	Heading	Column information
1	Comp# Obj.#	Comp=Competency number (three digits); Obj.=Objective number (competency number plus two-digit objective number).
2	Unit Titles Compete ncy and Objective Statements	Statements of unit titles, competencies per unit, and specific objectives per competency. Each competency statement or specific objective begins with an action verb and makes a complete sentence when combined with the stem "The student will be able to. . ." (The stem appears once in Column 2.) Outcome behavior in each competency/objective statement is denoted by the verb plus its object.
3	Time Hrs	Space for teachers to calculate time to be spent on each objective based on their individual school schedule and the students' performance on preassessments.
4	COURSE % Cognitive	A percentage indicates the relative importance or weight of each unit within the total course or program, each competency within the total course or program, or each objective within the total course or program. Information in Column 5 is used to plan the yearly calendar of work and as a Test Blueprint for preassessments and postassessments.
5	COURSE % Perform	A percentage indicates the relative importance or weight of each competency within a specific unit or each objective within a specific unit. Information in Column 4 is used to plan the yearly calendar of work and as a Test Blueprint for interim assessments.
6	Type Behavior	Classification of outcome behavior in competency and objective statements. (C=Cognitive; P=Psychomotor; A=Affective)
7	Integrated Skill Area	Integrate Skills codes: A=Arts; C=Communications; H=Health Safety; M=Math; SC=Science; SS=Social Studies.
8	Core Supp	Designation of the competencies and objectives as Core or Supplemental. Competencies and objectives designated Core must be included in the yearly calendar of work.

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FAMILY AND CONSUMER SCIENCES EDUCATION
COURSE BLUEPRINT for 7015 Teen Living
[Recommended hours of instruction: 135-180]

Comp # Obj. #	Unit Titles/Competency and Objective Statements (The student will be able to)	Time Hrs.	Cognitive Weight	Performance Weight	Type Behavior	Integrated Skill Area	Core Supp.
1	2	3	4	5	6	7	8
			71%	29%			
A	PERSONAL AND FAMILY LIVING		15%	6%			
1.00	Apply strategies to enhance personal development.		5%	2%	C3	CIHISS	Core
1.01	Discuss factors that contribute to a quality life.		2%		C2	CIHISS	Core
1.02	Interpret roadblocks to personal development.		2%		C2	CIH	Core
1.03	Use strategies that promote personal development.		1%	2%	C3	CIH	Core
2.00	Analyze influences on family life.		3%	1%	C3	CIHISS	Core
2.01	Define roles and responsibilities of family members.		1%		C1	CISS	Core
2.02	Discuss factors that affect family life.		1%		C2	CIHISS	Core
2.03	Recommend ways to strengthen family life.		1%	1%	C3	CIHISS	Core
3.00	Apply strategies to enhance interpersonal skills.		3%	2%	C3	CIHISS	Core
3.01	Discuss qualities that contribute to positive relationships.		1%		C2	CIHISS	Core
3.02	Practice effective communication skills.		1%	1%	C3	CISS	Core
3.03	Practice conflict resolution techniques.		1%	1%	C3	CISS	Core
4.00	Apply strategies to enhance leadership and citizenship skills.		4%	1%	C3	CIHISS	Core
4.01	Discuss qualities of good character.		2%		C2	CIHISS	Core
4.02	Discuss characteristics of effective leadership.		1%		C2	CISS	Core
4.03	Practice positive group interaction.		1%	1%	C3	CISS	Core
B	WELLNESS, NUTRITION, AND FOODS		11%	9%			
5.00	Evaluate factors that affect physical wellness.		3%	2%	C3	CIHIMISC	Core
5.01	Identify factors that affect physical wellness.		1%		C1	CIHISC	Core

Comp# Obj.#	Unit Titles/Competency and Objective Statements (The student will be able to)	Time Hrs.	Cognitive Weight	Performance Weight	Type Behavior	Integrated Skill Area	Core Supp.
5.02	Assess personal eating habits.		1%	1%	C3	CIMIHISC	Core
5.03	Investigate special dietary needs.		1%	1%	C3	CIMIHISC	Core
6.00	Apply principles of food selection, preparation, and service.		8%	7%	C3P	AICIHIMISCISS	Core
601	Summarize wise food selection practices.		1%		C2	CIHISC	Core
6.02	Use basic food safety and sanitation principles.		1%	2%	C3	CIHISC	Core
6.03	Practice basic food preparation skills.		5%	4%	C3P	CIHIMISC	Core
6.04	Practice good manners when serving and eating food.		1%	1%	C3P	AIHISCISS	Core
C	RESOURCE MANAGEMENT		5%	2%			
7.00	Analyze the use of resources to achieve goals.		2%	1%	C3	CIHIMISS	Core
7.01	Summarize resources and strategies used to achieve goals.		1%		C2	CIHISS	Core
7.02	Practice ways to use available resources.		1%	1%	C3	CIMISS	Core
8.00	Analyze strategies for managing money.		3%	1%	C3	CIMISS	Core
8.01	Identify sources of income and types of spending.		1%		C1	CISS	Core
8.02	Discuss factors that influence spending.		3%		C2	CIMISS	Core
8.03	Explore ways to manage money.		1%	1%	C3	CIMISS	Core
D	LIVING ENVIRONMENT		11%	1%			
9.00	Analyze how families and individuals manage living space.		6%		C3	AICIHIMISCISS	Core
9.01	Illustrate multiple uses of living space.		1%		C2	CISS	Core
9.02	Investigate ways to organize living space.		3%		C3	AICIHIMISS	Core
9.03	Examine home safety practices.		1%		C3	CIHISC	Core
9.04	Explore home energy conservation practices.		1%		C3	CIHIM	Core
10.00	Evaluate ways to maintain and enhance living space.		5%	1%	C3P	AICIHIMISCISS	Core
10.01	Summarize the benefits of caring for living space.		1%		C2	AIHISCISS	Core
10.02	Compare ways to clean and maintain living space.		1%		C3	AICIHISC	Core
10.03	Demonstrate ways to enhance living space.		3%	1%	C3P	AICIM	Core

Comp# Obj.#	Unit Titles/Competency and Objective Statements (The student will be able to)	Time Hrs.	Cognitive Weight	Performance Weight	Type Behavior	Integrated Skill Area	Core Supp.
E	CARING FOR CHILDREN		8%	2%			
11.00	Analyze responsible caregiving.		5%	2%	C3P	AICIHIMISCISS	Core
11.01	<i>Identify characteristics of responsible caregivers.</i>		1%		C1	CIHISS	Core
11.02	<i>Summarize the benefits of quality child care to children and families.</i>		2%		C2	CIHISS	Core
11.03	<i>Practice safety and first-aid procedures.</i>		1%	1%	C3P	CIH	Core
11.04	<i>Plan age-appropriate activities for children.</i>		1%	1%	C3P	AICIHIMISCISS	Core
12.00	Analyze youth parenting.		3%		C3	CIHISS	Core
12.01	<i>Critique the consequences of youth parenting.</i>		2%		C3	CIHISS	Core
12.02	<i>Evaluate risks for children of youth parents.</i>		1%		C3	CIHISS	Core
F	FASHION AND CLOTHING		12%	8%			
13.00	Use clothing management principles.		3%	1%	C3P	AICIMISS	Core
13.01	<i>Interpret appropriate dress for specific roles and occasions.</i>		1%		C2	AICISS	Core
13.02	<i>Critique ready-made clothing for durability, function, and style.</i>		1%		C3	AICIM	Core
13.03	<i>Recommend specific techniques for care of clothing.</i>		1%	1%	C3P	CIM	Core
14.00	Use basic fashion construction procedures.		9%	7%	C3P	AICIM	Core
14.01	<i>Operate sewing and pressing equipment.</i>		4%	3%	C3P	CIM	Core
14.02	<i>Perform basic construction procedures.</i>		5%	4%	C3P	AICIM	Core
G	JOB READINESS		9%	1%			
15.00	Apply job readiness skills.		3%	1%	C3	CISS	Core
15.01	<i>Illustrate school-to-career opportunities.</i>		1%		C2	CISS	Core
15.02	<i>Explain job readiness characteristics.</i>		1%		C2	CISS	Core
15.03	<i>Practice job readiness skills.</i>		1%	1%	C3	CISS	Core

Comp# Obj.#	Unit Titles/Competency and Objective Statements (The student will be able to)	Time Hrs.	Cognitive Weight	Performance Weight	Type Behavior	Integrated Skill Area	Core Supp.
16.00	Discuss career opportunities in Family and Consumer Sciences.		6%		C2	CISS	Core

16.01	<i>Discuss career opportunities in the apparel design field.</i>		1%		C2	CISS	Core
16.02	<i>Discuss career opportunities in the community and family services field.</i>		1%		C2	CISS	Core
16.03	<i>Discuss career opportunities in the culinary arts and hospitality field.</i>		1%		C2	CISS	Core
16.04	<i>Discuss career opportunities in the early childhood education field.</i>		1%		C2	CISS	Core
16.05	<i>Discuss career opportunities in the food science, dietetics, and nutrition field.</i>		1%		C2	CISS	Core
16.06	<i>Discuss career opportunities in the interior design field.</i>		1%		C2	CISS	Core