

VoCATS Course Blueprint

Family and Consumer Sciences Education

Parenting and Child Development Course #7065

*Public Schools of North Carolina
State Board of Education • Department of Public Instruction
Office of Instructional and Accountability Services
Division of Instructional Services*

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VoCATS Course Blueprint

A course blueprint is a document laying out the framework of the curriculum for a given course.

Shown on the blueprint are the units of instruction, the core competencies in each unit, and the specific objectives for each competency. The blueprint illustrates the recommended sequence of units and competencies and the cognitive and performance weight or relative importance of the objective within the course.

The blueprint is intended to be used by teachers in planning the course of work for the year preparing daily lesson plans, and constructing instructionally valid assessments.

For additional information about this blueprint, contact program area staff. For additional information about the VoCATS Competency Achievement Tracking System, contact program area staff or VoCATS, Workforce Development, Division of Instructional Services, North Carolina Department of Public Instruction, 301 North Wilmington Street, Raleigh, North Carolina 27601-2825, 919.715.1674, email: rwelfare@dpi.state.nc.us.

Interpretation of Columns on VoCATS Course Blueprints

No.	Heading	Column information
1	Comp# Obj.#	Comp=Competency number (three digits); Obj.=Objective number (competency number plus two-digit objective number).
2	Unit Titles/Competency and Objective Statements	Statements of unit titles, competencies per unit, and specific objectives per competency. Each competency statement or specific objective begins with an action verb and makes a complete sentence when combined with the stem "The student will be able to. . ." (The stem appears once in Column 2.) Outcome behavior in each competency/objective statement is denoted by the verb plus its object.
3	Time Hrs	Space for teachers to calculate time to be spent on each objective based on their individual school schedule and the students' performance on preassessments.
4	COURSE % Cognitive	A percentage indicates the relative importance or weight of each unit within the total course or program, each competency within the total course or program, or each objective within the total course or program. Information in Column 5 is used to plan the yearly calendar of work and as a Test Blueprint for preassessments and postassessments.
5	COURSE % Performance	A percentage indicates the relative importance or weight of each competency within a specific unit or each objective within a specific unit. Information in Column 4 is used to plan the yearly calendar of work and as a Test Blueprint for interim assessments.
6	Type Behavior	Classification of outcome behavior in competency and objective statements. (C=Cognitive; P=Psychomotor; A=Affective)
7	Integrated Skill Area	Integrate Skills codes: A=Arts; C=Communications; H=Health Safety; M=Math; SC=Science; SS=Social Studies.
8	Core Supp	Designation of the competencies and objectives as Core or Supplemental. Competencies and objectives designated Core must be included in the yearly calendar of work.

Workforce Development Education conducts all activities and procedures without regard to race, color, creed, national origin, gender, or disability. The responsibility to adhere to safety standards and best professional practices is the duty of the practitioners, teachers, students, and/or others who apply the contents of this document.

**FAMILY AND CONSUMER SCIENCES EDUCATION
COURSE BLUEPRINT for 7065 PARENTING AND CHILD DEVELOPMENT**

[Recommended hours of instruction: 135 -180]

Comp # Obj. #	Unit Titles/Competency and Objective Statements (The student will be able to:)	Time Hrs.	Cognitive Weight	Performance Weight	Type Behavior	Integrated Skill Area	Core Supp.
1	2	3	4	5	6	7	8
			86%	14%			
A	PARENTING PERSPECTIVES AND CONCERNS		19%	1%			
PC01.00	Summarize parenting roles and relationships.		6%		C2	CISS	Core
<i>PC01.01</i>	<i>Interpret the meaning and responsibilities of parenthood.</i>		<i>2%</i>		<i>C2</i>	<i>CISS</i>	<i>Core</i>
<i>PC01.02</i>	<i>Recognize functions of families.</i>		<i>2%</i>		<i>C1</i>	<i>CISS</i>	<i>Core</i>
<i>PC01.03</i>	<i>Summarize structures of families.</i>		<i>2%</i>		<i>C2</i>	<i>CISS</i>	<i>Core</i>
PC02.00	Analyze strategies for managing parenting concerns.		13%	1%	C3P	CIHISCISS	Core
<i>PC02.01</i>	<i>Determine ways parents can assist children in dealing with stress and family crises.</i>		<i>3%</i>		<i>C3</i>	<i>CIHISS</i>	<i>Core</i>
<i>PC02.02</i>	<i>Discuss the impact of technology on the family.</i>		<i>1%</i>		<i>C2</i>	<i>CISCISS</i>	<i>Core</i>
<i>PC02.03</i>	<i>Explain ways to meet the needs of exceptional children.</i>		<i>2%</i>		<i>C2</i>	<i>CISS</i>	<i>Core</i>
<i>PC02.04</i>	<i>Recommend appropriate methods for guiding children's behavior.</i>		<i>5%</i>	<i>1%</i>	<i>C3P</i>	<i>CISS</i>	<i>Core</i>
<i>PC02.05</i>	<i>Outline the characteristics of desirable provider care.</i>		<i>2%</i>		<i>C2</i>	<i>CIHISS</i>	<i>Core</i>
B	HUMAN REPRODUCTION		19%	1%			
PC03.00	Consider factors that influence the parenthood decision.		5%		C3	CIHISCISS	Core
<i>PC03.01</i>	<i>Determine influences on the parenthood decision.</i>		<i>1%</i>		<i>C3</i>	<i>CIHISS</i>	<i>Core</i>
<i>PC03.02</i>	<i>Compare family planning methods.</i>		<i>2%</i>		<i>C3</i>	<i>CIHISCISS</i>	<i>Core</i>
<i>PC03.03</i>	<i>Discuss the risks of teen pregnancy.</i>		<i>2%</i>		<i>C2</i>	<i>CIHISCISS</i>	<i>Core</i>
PC04.00	Interpret hereditary and environmental influences on prenatal development.		5%		C2	CIHISCISS	Core
<i>PC04.01</i>	<i>Describe how physical traits are inherited.</i>		<i>1%</i>		<i>C1</i>	<i>CIHISC</i>	<i>Core</i>
<i>PC04.02</i>	<i>Identify the stages of prenatal development.</i>		<i>1%</i>		<i>C1</i>	<i>CIHISC</i>	<i>Core</i>
<i>PC04.03</i>	<i>Summarize the impact of birth defects.</i>		<i>3%</i>		<i>C2</i>	<i>HISSISC</i>	<i>Core</i>

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1	2	3	4	5	6	7	8
PC05.00	Examine the characteristics of a healthy pregnancy.		5%	1%	C3P	HISC	Core
<i>PC05.01</i>	<i>Describe physical changes during pregnancy.</i>		1%		C1	HISC	Core
<i>PC05.02</i>	<i>Recommend activities and care for a healthy pregnancy.</i>		2%		C3	HISC	Core
<i>PC05.03</i>	<i>Plan a nutritionally adequate diet for a healthy mother and fetus.</i>		2%	1%	C3P	HISC	Core
PC06.00	Outline decisions made in preparing for baby's arrival.		4%		C2	CIHISCISS	Core
<i>PC06.01</i>	<i>Discuss family and home preparations.</i>		2%		C2	CIHISCISS	Core
<i>PC06.02</i>	<i>Explain the labor and delivery process.</i>		2%		C2	CIHISC	Core
C	INFANTS		15%	5%			
PC07.00	Examine physical development during the first year.		5%	3%	C3P	CIHISCISS	Core
<i>PC07.01</i>	<i>Identify physical characteristics.</i>		2%		C1	HISC	Core
<i>PC07.02</i>	<i>Demonstrate physical care in relation to needs.</i>		3%	3%	C3P	CIHISCISS	Core
PC08.00	Summarize the emotional and social development during the first year.		6%		C2	CISS	Core
<i>PC08.01</i>	<i>Discuss the progress of emotional and social development.</i>		2%		C2	CISS	Core
<i>PC08.02</i>	<i>Relate the impact of care on social and emotional development.</i>		3%		C2	CISS	Core
<i>PC08.03</i>	<i>Recognize personality types.</i>		1%		C1	CISS	Core
PC09.00	Examine intellectual development during the first year.		4%	2%	C3P	CISS	Core
<i>PC09.01</i>	<i>Evaluate the components of intellectual development.</i>		2%		C3	CISS	Core
<i>PC09.02</i>	<i>Explain language development.</i>		2%	2%	C3P	CISS	Core
D	YEARS ONE THROUGH THREE		14%	3%			
PC10.00	Examine physical development during years one through three.		4%	2%	C3P	CIHISCISS	Core
<i>PC10.01</i>	<i>Identify physical characteristics.</i>		1%		C1	HISC	Core
<i>PC10.02</i>	<i>Demonstrate physical care in relation to needs.</i>		3%	2%	C3P	CIHISCISS	Core

Comp # Obj. #	Unit Titles/Competency and Objective Statements (The student will be able to:)	Time Hrs.	Cognitive Weight	Performance Weight	Type Behavior	Integrated Skill Area	Core Supp.
1	2	3	4	5	6	7	8
PC11.00	Summarize the emotional and social development during years one through three.		6%		C3	CIHISS	Core
<i>PC11.01</i>	<i>Discuss the progress of emotional and social development.</i>		1%		C2	CISS	Core
<i>PC11.02</i>	<i>Relate the impact of care on emotional and social development.</i>		2%		C2	CIHISS	Core
<i>PC11.03</i>	<i>Recommend practices that contribute to the development of a positive self-image.</i>		3%		C3	CIHISS	Core
PC12.00	Examine intellectual development during years one through three.		4%	1%	C3P	CISS	Core
<i>PC12.01</i>	<i>Outline types of intellectual development.</i>		1%		C2	CISS	Core
<i>PC12.02</i>	<i>Propose ways to stimulate intellectual development.</i>		3%	1%	C3P	CISS	Core
E	YEARS FOUR THROUGH SIX		11%	2%			
PC13.00	Examine physical development during years four through six.		4%	2%	C3P	CIHISCISS	Core
<i>PC13.01</i>	<i>Identify physical characteristics.</i>		1%		C2	CIHISCISS	Core
<i>PC13.02</i>	<i>Demonstrate physical care in relation to needs.</i>		3%	2%	C3P	CIHISCISS	Core
PC14.00	Summarize the emotional and social development during years one through six.		5%		C3	CIHISCISS	Core
<i>PC14.01</i>	<i>Discuss the progress of social and emotional development.</i>		1%		C2	CISS	Core
<i>PC14.02</i>	<i>Relate the impact of care on social and emotional development</i>		2%		C2	CIHISCISS	Core
<i>PC14.03</i>	<i>Recommend practices that contribute to moral development.</i>		2%		C3	CISS	Core
PC15.00	Examine intellectual development during years four through six.		2%		C3	CISS	Core
<i>PC15.01</i>	<i>Outline the characteristics of intellectual development.</i>		1%		C2	CISS	Core
<i>PC15.02</i>	<i>Propose ways to stimulate intellectual interests.</i>		1%		C3	CISS	Core
F	CAREER DEVELOPMENT		8%	2%			
PC16.00	Evaluate career opportunities in child care and development.		4%	1%	C3P	CISCISS	Core
<i>PC 16.01</i>	<i>Outline categories in child care and child development careers.</i>		2%		C2	CISC	Core
<i>PC16.02</i>	<i>Explore work-based learning opportunities.</i>		2%	1%	C3P	CISS	Core

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1	2	3	4	5	6	7	8
PC17.00	Apply career development techniques.		4%	1%	C3P	CISS	Core
<i>PC17.01</i>	<i>Demonstrate job-seeking skills.</i>		<i>2%</i>	<i>1%</i>	<i>C3P</i>	<i>CISS</i>	<i>Core</i>
PC17.02	<i>Summarize job-readiness characteristics</i>		<i>2%</i>		<i>C2</i>	<i>CISS</i>	<i>Core</i>